LESSON PLAN – Early Childhood Development		
Year 1	Planned date Date completed	
TOPIC	Module 6 Play in ECD	
Sub-topic(s)	Chapter 1 The value of play in ECD.	
CAPS	Term 1 Week 6	
REFERENCE		
DURATION	13 ½ Hours per week	
LESSON		
RESOURCES	Pictures – Children playing in different Centres	
	Videos Link :	
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	Learning Through Play - Penfield Children's Center.mp4	
PREAMBLE	Why is play important?	
	When a child is playing what do you learn from that child	
	Do you know why is play important for different developmental stages of a	
	children	
OUTCOMES	Importance of developmental stages for babies, toddlers and young children	
	while playing	
	The development of gross muscle skills	
DETERMINE	Who of you saw babies, toddlers and young children playing before? What do	
PRIOR	a baby, toddler do while playing? Do they speak to each other while they	
KNOWLEDGE	play?	
INTRODUCTIO	Explain different developmental stages: Intellection	
N TO THE	Language, Emotional, Social Physical, Play and creativity, Play and self-	
TOPIC	image, Play and sexuality,	
	Understand The Development Gross muscle skills	
PRACTICAL	Practical Lesson –	
WORK	Watch video on different stages of development	
CONCEPTS AND TERMINOLOGY		
Concept / Term Meaning in ECD studies context		
-	holistic approach focusing on the child's physical, emotional, social as well as	
development	cognitive development	
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concentrate	focus all one's attention on a particular object or activity
respect	a feeling of deep admiration for someone or something elicited by their abilities,
	qualities, or achievements.
movement	an act of moving.
LESSON	Lesson Content:
PRESENTATION	Explain the main topic and sub topics
and	2. Present video
FORMAL ASSESMENT INFORMAL	3. Terminology – Value of play in ECD
	4. Demonstration of ball and bean bag activity
	5. Distribute Activity: Worksheet and guide learners to complete.
ASSESSMENT	Activity1 - Worksheet. Short questionnaire
	Activity2 and 3 – Ball an Bean bag Activity
EAC	Terminology: Visual interpretation in a written response.
INTEGRATION	Activity: Spell Test./ Word search. Language , Life Orientation
EXTENDED	Entrepreneurship
OPPORTUNITIE	Make bean bags for ECD centres.
S	Make bean bage for Leb control.
SELF-	
REFLECTION	
INCI ELOTION	