



LESSON PLAN – Early Childhood Development				
Year 1		Planned date		Date completed
TOPIC Sub-topic(s)	Topic 2 Health and safe environment Chapter 1 Explain personal environmental safety and hygiene			
CAPS REFERENCE	Term 1 Week 2			
DURATION	13 ½ Hours per week			
LESSON RESOURCES	Hygiene and personal care when working with children Pictures – Example of ECD practitioner Picture of steps of hand wash Videos Link: <div>A_Complete_Guide_to_Hand_Washing.mp4</div> <div>8_steps_hand_wash.mp4</div>			
PREAMBLE	How do you think a ECD Edu carer assistant should look like . Do you need to be clean when working with children? Do you know when to wash your hands? Do you know the steps when washing hands? Why do we need to wash our hands?			
EXPECTED OUTCOMES	Understanding the importance of personal hygiene for practitioner when working with children			
DETERMINE PRIOR KNOWLEDGE	Is it safe to work with a child without washing hands? Do you know how to care for you selves? Why do we need to wash our hands?			
INTRODUCTION TO THE TOPIC	Explain The importance of personal hygiene when working with children			
PRACTICAL WORK	Demonstrate the correct way of handwashing Develop a handwashing poaster			
CONCEPTS AND TERMINOLOGY				
Concept / Term	Meaning in ECD studies context			
Bath	Wash your body			
Shower	wash oneself in a shower.			
Clean	Free from dirt			
Jewellery	personal ornaments, such as necklaces, rings, or bracelets, that are typically made from or contain jewels and precious metal.			
Hair	fine threadlike strands growing from the skin of humans			

germs	microorganisms can cause disease in a host
balanced	keeping or showing a balance; in good proportions.
Transmit	cause (something) to pass on from one person or place to another. "
Blood	the red liquid that circulates in the arteries and veins of humans and other vertebrate animals, carrying oxygen to and carbon dioxide from the tissues of the body.
Meal	he food eaten during a meal
Exercise	an activity carried out for a specific purpose
LESSON PRESENTATION and FORMAL ASSESMENT INFORMAL ASSESSMENT	Lesson Content: <ol style="list-style-type: none"> 1. Explain the main topic and sub topics 2. Present video 3. Terminology – Health and safety 4. Demonstration of correct steps of washing hand 5. Distribute Activity: Worksheet and guide learners to complete. Activity – Short questionnaire, Terminology Activity - Collage creating an image of Healthy clean and comfortable teacher Activity - Questionnaire of steps of washing hands.
EAC INTEGRATION	Terminology: Visual interpretation in a written response. Activity: Spell Test./ Word search. Language , Life Orientation
EXTENDED OPPORTUNITIES	Entrepreneurship – Wall chart to illustrate the steps of washing hands
SELF-REFLECTION	