LESSON PLAN – Early Childhood Development		
Grade 8	Planned date Date completed	
TOPIC	Topic 7 Play in the ECD	
Sub-topic(s)	Chapter 1 The Value of play in the ECD	
	The variety of different stimulation activities for babies.	
CAPS	Term 2 Week 4	
REFERENCE		
DURATION	2 Hours	
LESSON		
RESOURCES	Pictures – different message teqniques	
	Powerpoint presentation	
	Videos Link :	
	TB A DO CO	
	TASTE SAFE SENSORY ACTIVITIES FOR BABIES AND TODDLERS // DIY Baby and	
	Toddler Sensory Activities - YouTube	
PREAMBLE	What is the value of play in the ECD	
	What is the benefits of baby massage	
	How to message a baby	
	What is baby gymnastics	
	Why is sensory play so important	
OUTCOMES	The value of play in the ECD	
	The variety of different stimulation activities for babies	
DETERMINE	Who knows what different sensory play activities you can do with babies?	
PRIOR	What is the different message techniques you can do with your baby?	
KNOWLEDGE		
INTRODUCTIO	Show videos and pictures different message techniques and sensory play	
N TO THE	activities	
TOPIC		
PRACTICAL	Plan and present an activity that will encourage children to play in	
WORK	group activities and explain aspect of development of the activity  Make your own clay	
	INIANG YOUI OWIT Clay	

CONCEPTS AND TERMINOLOGY		
Concept / Term	Meaning in ECD studies context	
Baby message	Baby massage is gentle, rhythmic stroking of your baby's body with your hands	
socially	In company of others, in a social manner for pleasure	
physically	Relating to the body instead of the mind of the child	
Sensory play	Includes any activity that stimulates a young child's senses of touch, smell, taste, sight, and hearing.	
learning	The acquisition of knowledge or skills through study, experience, or being taught.	
Sensory	Sensation or the physical senses, transmitted or perceived by the senses.	
LESSON PRESENTATION and	Lesson Content:  1. Explain the main topic and sub topics 2. Present video 3. Terminology – baby massage and sensory pay	
ASSESMENT INFORMAL ASSESSMENT	4. Demonstration of baby message  5. Distribute Activity:  Activity1. – Short questionnaire	
	Activity 2 – make own clay	
	Make own finger paint	
EAC	Terminology: Visual interpretation in a written response.	
INTEGRATION	Activity: Spell Test./ Word search. Language , Life Orientation	
EXTENDED	Entrepreneurship	
OPPORTUNITIES	Developing of different resources to use in an ECD centre.	

SELF-	
REFLECTION	