

LESSON PLAN – Early Childhood Development					
Grade 8		Planned date		Date completed	
TOPIC Sub-topic(s)	Topic 10 Chapter 1 First Knowledge of most common injuries and management of accident in an ECD centre.				
CAPS REFERENCE	Term 3 Week 5-6				
DURATION	2 Hours a week				
LESSON RESOURCES	First aid kit PowerPoint presentation YouTube video link: https://youtu.be/O97qZfU5ebQ https://youtu.be/PmmhxW0vVXA https://youtu.be/rqLbwfEZwQc https://youtu.be/rqLbwfEZwQc https://youtu.be/rqLbwfEZwQc https://youtu.be/oswDpwzbAV8				
PREAMBLE	<ul style="list-style-type: none">• What is first aid• How do you treat common injuries like nosebleeds and cuts?• What must be in the first aid kit• What should you do in an emergency?• What is the emergency numbers				
EXPECTED OUTCOMES	Knowledge of most common injuries and management of accident in an ECD centre Dealing with different injuries in and outdoor Safety precautions				
DETERMINE PRIOR KNOWLEDGE	Do you know what to do if some one’s nose bleeds? Do you know what to do if there is an emergency?				
INTRODUCTIO N TO THE TOPIC	Act out any emergency Example a nosebleed or fracture				
PRACTICAL WORK	Practical Lesson : present a list of a first aid kit and describe hoe to use each item				
CONCEPTS AND TERMINOLOGY					
Concept / Term		Meaning in ECD studies context			

injury	Being injured (body parts)
bleeding	The process of losing blood
Gauze pad	Thin, loosely woven cloth used for dressing and swabs
bandage	A strip of woven material used to bind up a wound or to protect an injured part of the body.
sterilized	Make something free from bacteria or other living organisms
First aid kit	Small box containing items such as bandages, plasters, and antiseptic wipes for use of giving help to a sick or injured person.
Alcohol swabs	Small thin layer of cloth that as 70% of alcohol on it to disinfect wounds
antiseptic	Clean and pure
thermometer	An instrument for measuring and indicating temperature
splint	A material used for supporting and immobilizing a broken bone when it has been set
rehydrate	Absorb moisture after dehydration
choking	Have severe difficult in breathing because of a constricted or obstructed throat or obstructed air
LESSON PRESENTATION and FORMAL ASSESMENT INFORMAL ASSESSMENT	Lesson Content: 1. Explain the main topic and sub topics 2. Present video 3. Terminology – first aid 4. Demonstration : 5. Distribute Activity: Worksheet and guide the learners Activity 1 –Questionnaire, Terminology Activity 2 - steps in the emergency situation 6. Practical lesson: create and illustrate a first aid kit
EAC INTEGRATION	Terminology: Visual interpretation in a written response. Activity: Spell Test./ Word search. Language , Life Orientation
EXTENDED OPPORTUNITIES	Practise emergency situations
SELF-REFLECTION	

